

## CHILDREN'S MINISTRY MESSAGE

Read: Matthew 6: 5-13

When we pray, we need to keep it sincere and natural. It should be part of who we are - our whole relationship with God.

This pattern of praying that Jesus has given here is known as the Lord's Prayer. It is just a model of how we should pray. Jesus never meant it to be something we say religiously – just repeating these words. I suppose we could see this as a format on how to pray starting with praising our Heavenly Father, committing to Him our daily needs, forgiving others and asking for forgiveness (if it is needed), deliverance from temptation. Prayer should be a natural part of our lifestyle. Just like talking with a friend. We need to develop a prayer life that is a moment-by-moment relationship with God. Prayer is not some rigid, religious act done every now and then, but conversation with God anywhere, anytime. When we're happy, or feeling sad, or angry, or lonely – no matter how we're feeling we should talk to God.

So, as you go about your day, whether it be doing the boring, ordinary things, or going off to school, playing sports – whatever you do, remember you can talk to God.



The Paytons